

## Update on implementation of targeted intervention budget savings

At its meeting on the 22<sup>nd</sup> February 2018, the Health Scrutiny committee received a presentation on savings which were proposed following a review of Nottingham City Council's targeted intervention activity. This paper provides an update on the implementation of these savings, which were agreed by full Council on 5<sup>th</sup> March 2018, following a period of public consultation.

### 1. Introduction

Nottingham City Council (NCC) receive a ring-fenced public health grant (£33.8m in 2018/19), which is used to fund a wide range of mandatory, conditional and wider services which improve the public's health and wellbeing. The value of the grant has been reducing year on year, and will continue to do so.

Savings totalling £7.175m were identified from services/functions funded by the public health grant during the two phases of budget setting that took place in 2017/18. This included:

- The loss of vacant posts
- Reduction of budgets where spend is demand led to ensure available budget reflects activity
- Reductions in contract values
- Decommissioning of some services.

As a result, the public health grant has been invested across the Council to address wider determinants of health and wellbeing. Public health will be working closely with Council colleagues to support maximum impact on health and wellbeing outcomes.

The remainder of this paper focuses on specific services previously highlighted by the Health Scrutiny committee. A further paper is planned to Health Scrutiny later in the year, which will provide an update on the Council's approach to public health moving forward.

### 2. Healthy Lifestyles

Funding for healthy lifestyles saw a significant reduction, largely as a result of the decommissioning of two services, New Leaf smoking cessation and adult healthy weight service. A budget of £215,000 per annum is now available to spend on healthy lifestyle outcomes. Spend will be determined in collaboration with partners.

#### **2.1 Smoking Cessation**

Stop smoking support provided by Citycare, through the New Leaf service, ended on the 30<sup>th</sup> April 2018.

This decision raised significant concern from partners and stakeholders, particularly from primary care. NCC recognises that smoking is a key health issue for the city, with prevalence remaining significantly higher than the England average.

NCC has retained some budget for smoking cessation and this will support continued efforts to reduce smoking prevalence in accordance with responsibilities in the Health and Social Care Act.

Collaborative discussions with partners and stakeholders are currently ongoing to determine how this funding is used to maximum effect. The model is still being finalised but is likely to include the following elements:

- Delivery within primary care
- A model that is match funded (including in kind)
- Focus on priority groups including pregnant women
- Linked in with secondary care (whole system approach)

## **2.2 Adult Healthy Weight Service**

The contract for the Change Point Adult Healthy Weight Service was terminated during 2017/18. A proposal to remove the budget and not recommission a replacement service was accepted. Since this decision was taken it has been possible to identify a small amount of budget (£71,000). Options for targeted tier 2 provision are currently being developed, to focus on high risk groups (individuals with a high BMI and co-existing morbidities such as hypertension or diabetes). A revised service model will also prioritise reducing health inequalities, which see a correlation between deprivation and obesity.

Funding will also be used to build the capacity of the wider public sector workforce in the city, ensuring they are equipped with the skills, knowledge and confidence to support citizens achieve a healthy weight.

## **3. Sexual Health**

Local authorities have a statutory responsibility to provide, or secure the provision of, open access sexual health services. Savings have been made through reductions to a range of different contracts and providers.

### **3.1 Integrated Sexual Health Service**

NCC and the provider, Nottingham University Hospitals, are still working together to identify how the required saving of £250,000 can be realised. Both are committed to minimising the impact on current and future service users, recognising that this service has very high levels of demand. Once agreed, any changes to the service will be fully communicated to stakeholders and service users.

### **3.2 The Health Shop (sexual health)**

Sexual health services previously delivered at the Health Shop, Broad Street will now be delivered from the Wellbeing Hub at Hounds Gate. This includes a full range of sexually transmitted infection (STI) testing and treatment, contraception including Emergency Hormonal Contraception (EHC), condom distribution and testing for hepatitis B & C.

#### 4. Drugs and Alcohol

Local authorities are required to provide or secure the provision of drug and alcohol services as a condition of receiving the public health grant.

##### **4.1 Services provided by Framework** – Nottingham Recovery Network, Criminal Justice (Clean Slate), Specialist Needle Exchange, Hospital Substance Misuse Care Team

A saving of £1m was originally proposed and accepted, to be found across the four contracts with Framework (listed above). NCC have worked across service areas/portfolios to identify alternative funding to mitigate the size of the saving required to be passed on to the provider. It was possible to identify £250k, reducing the size of the saving to £750k.

Framework and NCC have worked closely to identify the best way of realising the required saving. The following changes have now been agreed and are in the process of being implemented:

- Reduction in number of locality clinics from 13 to 5, based on levels of local need.
- Reduced hours of coverage at the custody suite (from 7 days per week 8am to pm to Mon-Fri 8am-4pm). Out of hours referrals will be booked for the next working day at the Wellbeing Hub.
- Ending of specialist needle exchange at its current Broad Street location. Framework will continue to delivery specialist needle exchange outreach and support pharmacy needle exchange providers.
- Integration of some functions across contracts.

##### **4.2 Services provided by Change, Grow, Live (CGL)** – Explore (young people), Journey (families)

A saving of £159k was agreed across the two contracts with CGL. To allow time for a strategic consideration amongst partners, of how best to realise this saving, one off short term funding was identified from within NCC. Analysis has been undertaken and a partnership group established to understand the strategic need for young people's substance misuse treatment and family support services in Nottingham. Proposals have now been developed and approval is currently being sought. Once confirmed changes will be communicated.

#### 5. Children

Reductions to the children's budget resulted in:

- The decommissioning of the **Dental Health Promotion Service** (ended on 31<sup>st</sup> March 2018). The Council continues to seek to maximise on opportunities to improve dental health outcomes.
- The decommissioning of **IMPs Injury Prevention Service** (ended on 31<sup>st</sup> March 2018).
- A reduction in contract value for the **Best Start (0-19) service** at the point of contract award, which was primarily achieved through the deletion of vacancies and the integration of the 0-19 workforce, leading to more efficient structures.

All proposals relating to children's public health services have been fully implemented.

## 6. Other

### 6.1 **Knowledge and Resource Centre**

It was initially proposed to end the services provided by Nottingham City Councils Knowledge and Resource Centre saving the Council £146k in rent, staffing costs and resources/materials costs. Nottingham city clinical commissioning group (CCG) expressed significant concern for this proposal and as a result agreed to fund a six month extension of the Knowledge and Resource Centre (until 30<sup>th</sup> September) to allow time for a review of options. The review has now been completed, overseen by the Knowledge Resources Centre Stakeholder group and agreement has been reached.

From September 2018 the service will move to Standard Court in Nottingham city centre and will continue to offer:

- The provision of leaflets
- The undertaking of enquires to inform evidence-based decision making and clinical practice
- Current awareness bulletin
- Administration of Athens accounts for accessing online journal articles

The service will no longer co-ordinate the provision of models and books. Arrangements are being made to rehouse these resources in locations where they will continue to be accessible to partners.

The revised service offer will be jointly funded by Nottingham City Council and Nottingham City Clinical Commissioning Group.

### 6.2 **Infection Prevention and Control**

As per the agreed proposal the City Council funded element to the community Infection prevention and control service provided by CityCare has been decommissioned. As a result, residential care homes will no longer receive support from Citycare's Infection control team. Services will still be provided to nursing homes through CityCare's CCG funded service.

A small amount of budget for infection prevention and control has been identified, and options are being developed for the remainder of 2018/19 and future years. Changes have been communicated to all residential care homes in Nottingham city. In the interim residential care homes can contact Public Health England for telephone support.

## 7. Summary

It has been challenging to implement savings of this size and the concerns expressed by the committee during the previous discussion (22<sup>nd</sup> February) are recognised. Nottingham City Council is grateful to providers and stakeholders that have worked with the Council to minimise the impact felt by service users and citizens. At this early stage it is not possible to comment on the longer term impact on health and wellbeing outcomes in Nottingham.

Nottingham City Council recognises its responsibilities and leadership role in improving the health and wellbeing of citizens, and these efficiencies will not defer from that responsibility. Nottingham

City Council is undertaking a range of work to ensure, along with partners, that improving health and wellbeing of citizens remains at the heart of what we do including;

- Undertaking a review of all services in accordance with a national prioritisation framework.
- Ensuring robust contract management of commissioned services and monitoring of health and wellbeing outcomes to understand impact and identify adverse changes early.
- Ensure that opportunities to positively impact on health and wellbeing outcomes are maximised across all Council service and activities.
- Working in partnership to identify opportunities for innovation.
- Actively seeking opportunities to bring funding into Nottingham.
- Undertaking ongoing reviews with the aim of identifying alternative models – particularly those that build on the assets which already exist within the wider Council, partners and Nottingham's communities.

This will be the subject of a further report to Health Scrutiny Committee, currently planned for November 2018.